

Move Out Clean "Heavy"

Work Top to Bottom, Left to Right.

BATHROOM/S	CHECK
High Dusting, includes ceiling fans, wall décor, ledges & corners	
Low Dusting, includes more individual knick-knack cleaning (detail)	
Windows: wash interior glass, frame & window ledges, wipe inside track	
Windowsills & Ledges Wiped Down, Blinds Dusted	
Vents Dusted, includes floor vents/air returns (vacuum out)	
Vanity & Sink Cleaned, includes vanity lights dusted	
Mirrors & Fixtures Cleaned & Shined	
Wash Cabinets & Drawers (inside & out), Wipe Off Tracks of Drawers (on each side)	
Toilets Cleaned & Disinfected, includes the base & behind the toilet	
Showers Cleaned & Disinfected, Tile Grout Scrubbed, shower door given extra attention	
Wash Exposed Baseboards, includes door frames	
Trash Removed Throughout	
Floors Swept & Mopped, includes carpets and rugs, More Attention to Edges, Corners & Under Furniture	
Disinfect Door Knobs, Light Switches & Handles	

KITCHEN	CHECK
High Dusting, includes ceiling fans, wall décor, ledges & corners	
Low Dusting, includes more individual knick-knack cleaning (detail)	
Windows: wash interior glass, frame & window ledges, wipe inside track	
Windowsills & Ledges Wiped Down, Blinds Dusted	
Vents Dusted, includes floor vents/air returns (vacuum out)	
Scrub & Clean Sinks, chrome shined	
Countertops Cleaned, Wipe Off Back Splash	
Wash Cabinets & Drawers (inside & out), Wipe Off Tracks of Drawers (on each side)	
Microwave Wiped Down, inside & out	
Clean the Fridge Inside & Out (includes both sides, pull out from wall)	
Clean Stove Inside & Out (top, front door & above hood or fan)	
Clean the Dishwasher Exterior & Inside Lid	
Wipe Table & Chairs, Includes Doors/Frames Spot Cleaned for Fingerprints	
Wash Exposed Baseboards, includes door frames	
Trash Removed Throughout	
Floors Swept & Mopped, includes carpets and rugs, More Attention to Edges, Corners & Under Furniture	
Disinfect Door Knobs, Light Switches & Handles	

LIVING AREAS	CHECK
High Dusting, includes ceiling fans, wall décor, ledges & corners	
Low Dusting, includes more individual knick-knack cleaning (detail)	
Windows: wash interior glass, frame & window ledges, wipe inside track	
Windowsills & Ledges Wiped Down, Blinds Dusted	
Glass Doors Inside & Out (sliding, storm door, front entry)	
Mirrors Cleaned	
Furniture vacuumed or wiped down (fabric vs. leather)	
Vents Dusted, includes floor vents/air returns (vacuum out)	
Wash Exposed Baseboards, includes door frames	
Trash Removed Throughout	
Floors Swept & Mopped, includes carpets and rugs, More Attention to Edges, Corners & Under Furniture	
Disinfect Door Knobs, Light Switches & Handles	

BASEMENT	CHECK
High Dusting, includes ceiling fans, wall décor, ledges & corners	
Floors: vacuum carpeted areas/ broom sweep only	
Remove trash throughout	